

Building Forum Networks

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Getting the most out of the forum

- Utilize your names list. When introduced, record something memorable about the persons to remember them
- Take lots of pictures if possible
- Attend all sessions and participate actively
- Participate and mingle at social events
- Read material collected and ask questions
- When visit exhibits, speak with booth holders

How to use information back home

- Find something of relevance from each session/booth that you can share back home to meet someone else's needs
- Take extra materials to share and discuss with peers and colleagues strategically eg. 'Resolution'
- Maintain an open mind – your mandate may change from small to large – from breakfast to hunger alleviation
- Write a report and mount on website or place in your association magazine

How to use information back home

- Convene local/national meeting – share and brainstorm ideas and encourage ‘buy in’
- Suggest a project eg. “Walk against Hunger” and assign roles
- Utilize the local and national media for press articles and interviews on relevant topics
- When travel on other business, use opportunity to meet persons in school nutrition.

How to keep communication going

- Target persons to network depending on immediate needs eg. Breakfast For Learning
- Share successes via email – source of motivation
- Examine systems of other countries and see what can be copied – ask for input
- Discuss funding sources and program development models
- Broaden networks in own region – try to link with SNA and GCNF

Other Benefits

- Cultural exchanges
- Enjoy yourself
- Get to know your surroundings
- Share momentos with others
- Participate in auction
- Invite Global and SNA members to your national and regional conferences

