



Building Forum Networks

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How to get the most out of the Forum?



- **Ask questions!**
- **Share successes – we can all learn from each other.**
- **Share challenges – many have been faced by other members of the Forum.**
- **Try to participate in every activity**

Getting the most out of the Forum [cont'd]



- **Collect all documents, papers brought by other delegates, and try to read them during the week. If you any questions, this is a great time to get answers.**

How to use the Forum information back home?



- **To increase awareness of child nutrition programs around the world. In Canada, we use the descriptions of programs in other countries to advocate for government funding.**

Using the information [cont'd]



- **We share the news of the Forum's activities throughout the country as part of ongoing reports from Breakfast for Learning, the national organization for school nutrition programs.**

Using the information [cont'd]



- **If there is an opportunity to talk with groups of school officials, public health or community leaders, outline how school nutrition programs have been set up elsewhere and discuss what might work in your home community.**

Using the information [cont'd]



- **Share the Freedom from Hunger Resolution. We have sent this to government officials and to potential donors to try and raise awareness of the importance of child nutrition programs.**

How to keep communicating with members of the Forum?



Use e-mail!

- **Share any news of activities you have started.**
- **Ask questions.**
- **Share news of resources, conferences, funding.**

Communication [cont'd]



- **Last year the delegates wrote an article describing their experiences of the Forum, especially what they found most valuable.**
- **Be ready to share your thoughts for this year's article – you'll be contacted after the Forum.**